

DRAFT POSITION STATEMENT: FOR CONSULTATION

Position Statement on the Use of the Dietetic Designation

The collective use of the designation, RD, will support consistency and recognition of the title throughout the Nova Scotia health care system and among the public. In professional settings, when dietitians state their designation, they should state “RD” immediately following their name to indicate their professional designation rather than “PDt” or any other letters to communicate their dietetic designation.

Example:

Chris Smith, RD
Public Health Nutritionist

The Nova Scotia College of Dietitians and Nutritionists (NSCDN) regulates the practice of dietetics in accordance with the Dietitians Act (2009). Through this Act, the Nova Scotia government grants the dietetic profession with exclusive rights to the titles, dietitian, nutritionist and its derivations. Specific titles and designations are protected, including dietitian, nutritionist, PDt, RD and RDN.

Title protection provides the public with assurance that those using the protected designations have met requirements to enter the dietetic profession and continue to meet annual licensing requirements that strive to achieve safe, ethical, and competent dietetic practice.